

From the Heart of Fr. Jim
January 26, 2020
Third Sunday in Ordinary Time

- Please pray for the repose of the soul of Germane Trejo who died this past week. May He rest in the peace of Christ and may all the souls of the faithful departed through the mercy of God rest in peace.
- Next weekend, Feb 1st and 2nd, Blessings of Throats will occur at all Masses after Mass. On Saturday, Feb 1st, Fr. Robert Dye will celebrate Mass in my absence as I will be in Lawton, OK for a Knights of Columbus function.
- Beginning Feb 1st, we will be collecting used palms to burn for Ash Wednesday. There will be a basket in Church to place all Palms to be burned.
- A key to the hall is lost or misplaced. If you have a blue lanyard with a key, please return to the office. Thank you.
- Daily Mass will be on regular schedule this week
- Scripture Study will continue at I C Hall beginning at 6 PM on Thursday. It is on the Book of Revelation. All are welcome.
- SAVE THE DATE - On Saturday, March 7, 2020, the next Work Day will be held at Clear Creek Abbey. Mark your calendars now and more information will be forthcoming The website is open for registrations at www.abbeyworkday.com.
- If you would like a copy of your yearly donations for 2019, please sign the sheet in front of the Church. They will be available in February.
- Looking for a licensed welder to complete a project at Immaculate Conception. If you know of someone licensed and

who does good work, please have them call the office at 918.647.3475

- For the next few weekends at all our Masses at I C, our Confirmation students will be helping us to update our database. They will be at the doors of the Church asking you for your name, address, city, state, zip and cell phone/home phone number. In addition, they will be asking if you receive texts, and for your email. Please be assured that we will not be selling any of this information. We need to update our database for all the parishes. In addition, the Diocese is participating in a “Call for More” program that will help the diocese with short and long term goals for growth, and for clergy placement as well. More information will be forthcoming, but first and foremost, I need your basic information to help with our database. Your help, patience and kindness will be greatly appreciated.
- I will be asking families to take home the Vocation Crosses to pray for vocations. Instead of asking at the end of Mass for volunteers. I will individually ask a different family each week to take a cross home, and return it to Church the following week. This way, no one is embarrassed to come forward in the Church.
- Please remember a few things: When coming up for communion, please extend your hands out, one on top of the other, if you wish to receive Communion in your hand. In addition, please respond with “AMEN” loud enough so the Minister can hear it prior to receiving the Body of Christ in your hand or on your tongue. Please do not take the host from the Priest or minister.
- Secondly, the Sanctuary of the Church is sacred space. This means that we all should treat this area with respect and sacred silence. Conversations should be kept to a minimum and unnecessary conversation should be moved to the vestibule or outside. This should start from the moment we enter church and continue until we step outside the Church.

Let us all work to keep silence sacred in the Church in order to adore our Lord always.

- At the Our Father, remember that holding hands across the aisle is not permitted. The same at the Sign of Peace. Please give to those closest around you. We do not walk around the Church giving everyone a sign of peace.
- Please continue to pray for all our homebound members and all our parishioners who are sick and suffering.
- Catholic Charities needs Jelly, tuna fish and personal hygiene products. Plastic bags are also needed.
- Remember that Baptisms, Presentations, Weddings and Quincineras need a minimum of 6 months before they can happen. Please contact Fr. Jim for more information before you schedule your date.
- The Sacrament of Reconciliation is always available ½ hour before Mass and from 3:30 – 4:30 in Church on Saturday's and by appointment.
- Fr. Jim has two trips planned this fall: First trip is September 28th through October 7, 2020 to Medjugorje. Cost is \$3000. More information available at trinitypilgrimage.com
- Second trip is to the Holy Land, November 4th through the 14th. Cost is \$3600 per person. If interested, please Fr. Jim for flyer and more information.

God Bless Each of you!

Fr. Jim

Reflections: **Virtue for January: Perfection**

Be ye perfect as your Heavenly Father is Perfect.

Matthew 5:48

From January 29th:

If you wish to arrive speedily at the summit of perfection, animate yourself to a true love of shame, insults and calumny. St Ignatius

As this Saint was meditating and day on the great advantages which spring from shame and insults, he conceived a vehement desire to go through the public squares of Rome loaded with rage and other rubbish; and he was restrained from carrying it into execution only by the fear that he might not afterwards be as well able to promote the glory of the Lord.

We read of St. Catherine of Bologna that when she met with any slight or insult, she rejoiced at it and it only increased her desire for more. By tis she advanced so much in the love of God that she would have been willing, and as she would have been willing, as she herself protested to endure not only all the trials of this world, but even the pains of Hell to obey His will.

St. Gregory relates of the Abbot Stephen that he had conceived so great a love for insults calumnies, and vexations that when he received any he had thought made great profit, and returned affectionate thanks to whoever gave them to him, and by this he attained such reputation for sanctity that whoever did him any harm felt sure that he had secured his friendship.

Jesus Always: Embracing joy in His Presence: January 26th:

Relax, My child. I am in control. Let these words wash over you repeatedly, like soothing waves on a beautiful beach, assuring you of My endless Love. You waste a lot of time and energy trying to figure out things before their time ahs come. Meanwhile, I am working to prepare the way before you. So be on the lookout for some wonderful surprises—circumstances that only I could have orchestrated.

Remember that you are My beloved. I am on your side, and I want what is best for you. Someone who is loved by a generous, powerful person can expect to receive an abundance of blessings. You are loved by the King of the universe, and I have good plans for you. As you look ahead into the unknown future, relax in the knowledge of who you are—the ONE I LOVE. Cling to my hand, and go forward with confidence. While you are I walk together along the path of Life, your trust in Me will fill your heart with Joy and your mind with Peace. (Helpful Scripture: Jer 29:11, Deut 33:12, Psalm 16:11)

JANUARY 2020 CALENDAR

Jan 25 th :	3:30 PM Confessions 5 PM Mass
Jan 26 th :	8:30 Confessions 9 AM Mass at I C 10:30 Religious Education 12 Noon Mass at St. Elizabeth 1 PM Scripture Study 5 PM Mass at St. Joseph 6 pm Scripture Study
Jan 28 th :	8 am Mass in Chapel
Jan 29 th :	12 Noon Mass in Chapel
Jan 30 th :	8 am Mass in Chapel 6 PM Scripture Study in Hall at I C
Jan 31 st :	8 am Mass
Feb 1 st :	3:30 PM Confession 5 PM Mass with Fr. Rob Dye

Blessing of throats after Mass

Feb 2nd:

8:30 am Confession

9 am Mass at I C

Blessing of Throats

10:30 RE Class

12 Noon Mass at St. Elizabeth

Blessing of Throats after Mass

Scripture study following

5 PM Mass at St. Joseph

Blessings of Throats after Mass

No Scripture Study

Five Keys to freedom from sexual sin:

1. Desire Change -with the help of God
2. Change your habits -be transparent
3. Get accountable: with confessor, with a recovery group
4. Prayer: with the help of Jesus, our Divine Healer: Trust in HIM
5. Learn more

Surrender Prayer:

Dear Lord Jesus, I desire the desire to surrender my heart and my entire being to you, but I cannot do it, for I fear the abandonment of losing control of who I am. I ask that you take what little space I can open to you, use it and invade my heart, take it captive and protect it captive and protect it from all evil I beg for your help in my complete surrender to you. Through Christ our Lord. Amen.

Battle Prayer

Lord Jesus Christ; I cannot fight this battle any more. I am done. I hand you the dragon to slay. I hand you the lizard of lust to slay. I hand you the battle and walk away, it is yours. I'm done. I cannot do this anymore. It's not my battle anymore. Amen.